



PSYCHOLOGY

Bachelor of Science: Psychology/ Paralegal Studies

Bachelor of Science: Psychology/General

Minor: Psychology

Psychologists study human and animal behavior and related mental, physiological and social processes in an attempt to understand the dynamics of behavior. They apply this knowledge to the prevention and solution of both individual and social problems. Students can choose one of four tracks: Clinical-Counseling, Industrial-Organizational, Paralegal, and General. The facilities for psychology majors include computer labs for teaching statistics and research methods, a small library, and specialized research labs in visual perception and cognition.

A degree in psychology is ideal for students who wish to pursue graduate studies and/or careers in business, government, non-profits organizations, social service and criminal justice agencies, and community development and action groups. Employers recommend one or more internships to be successful and competitive when entering this field.

Career types associated with Psychology

(Is this a good fit for you? Are you a...)

- Investigative - "Thinker"
- Social - "Helper"
- Enterprising - "Leader"

Related skills, values, and qualities

- Strong interpersonal communication skills
- Proficiency in reading comprehension, writing and speaking
- Ability to interpret and explain psychological research
- Ability to interact with people of diverse backgrounds and in a variety of situations
- Ability to observe and analyze situations
- Ability to evaluate problems and make appropriate decisions

Courses Psychology majors typically enjoy

- Biology
- Criminal Justice
- Health
- History
- Philosophy/Religious Studies
- Psychology
- Social Studies
- Sociology
- Social Work

Common interests of Psychology majors

- Participating in charitable outreach efforts and raising funds for social concerns
- Joining school clubs and organizations
- Serving as a peer counselor, tutor, or hotline assistant
- Working part-time or volunteering in a community service agency/group
- Reading about social issues and attending lectures and conferences related to psychology

For more information about the major

Contact the Psychology Department,
384 Old Main, 610-683-4455, or visit
www.kutztown.edu/Psychology

KU Majors related to Psychology

Anthropology, Biology, Business Management, Marketing, Criminal Justice, Philosophy, Sociology, Social Work

Investigative students may also be interested in: Biochemistry, Biology, Chemistry, Computer Science, Economics*, German Studies, International Studies*, Mathematics, Multicultural Studies*, PA German Studies*, Physics, Sec Edu- Math/Science, Spanish, and Women's Studies*

* minor only

FOUR STEPS TO SUCCESS

EXPLORE

DISCOVER

EXPERIENCE

IMPLEMENT

1ST YEAR

- Enroll in the Career Exploration Certificate.
- Attend info sessions to learn about career development and personal branding.
- Take a career assessment to identify and confirm interests.
- Get involved in campus clubs and organizations.
- Develop basic workplace skills through jobs or volunteer work.
- Talk with professors, family, and friends about career ideas.
- Conduct informational interviews with professionals working in fields of interest.
- Develop a relationship with your professors and faculty advisor.

2ND YEAR

- Meet with CDC career coach.
- Attend info sessions to learn about resume writing, and externships.
- Confirm your choice of major and consider options for double major or minor.
- Research careers of interest.
- Complete a job shadowing (externship) experience.
- Seek meaningful employment or volunteer work in a field related to your major.
- Explore options for undergraduate research and study abroad.
- Write a resume and have it reviewed by the CDC.
- Manage your online presence.

3RD YEAR

- Enroll in the Career Success Certificate.
- Complete an internship and/or undergraduate research.
- Attend info sessions about internships, interviewing, job search strategies, and grad school.
- Build a LinkedIn profile and continue to monitor your online presence.
- Complete a mock interview.
- Build skills through research projects, part-time employment, and volunteer work.
- Participate in employers panels, site visits & networking events.
- Attend internship & job fairs.
- Take on a leadership role in a student organization or work.
- Consider graduate school options and prepare for

4TH YEAR

- Attend your Senior Kick-off and other info sessions to prepare for job search/grad school.
- Update your resume and LinkedIn profile.
- Create cover letter drafts.
- Gain experience through internships and/or undergraduate research.
- Secure references for job/grad school applications.
- Create your "30 second" commercial/elevator pitch.
- Meet with CDC to develop job search strategies.
- Research employers.
- Network with professionals through events and social media.
- Join a professional organization in your discipline.
- Attend the senior etiquette luncheon or dinner.
- Participate in job fairs and on-campus interviewing.

Sample Career Titles

Psychology majors can be found working in a wide variety of career fields. Here are just some career titles that may be of interest. Please note that some jobs may require further education and training.

To learn more about these careers, visit <http://online.onetcenter.org> or www.bls.gov/oco.

- Activity Leader
- Admissions Evaluator
- Animal Trainer
- Art Therapist
- Career Planning Professional
- Child Psychologist
- Community & Social Service Worker
- Community Relations Director
- Correctional Caseworker/Officer
- Counselor: Alcohol/Drug
- Counselor: Career
- Counselor: Crisis Intervention
- Counselor: Employment Agency
- Counselor: Occupational
- Counselor: School
- Counselor: Vocational/Voc. Rehab
- Criminologist
- Employee Assistance Director
- Employee/Labor Relations Mgr.
- EEO/AA Specialist
- Financial Advisor
- Financial Aid Director

- Forensic Psychologist
- Halfway House Parent
- Health Educator
- Hospice Coordinator
- Hotel Manager
- Human Resources Administrator/Manager
- Immigration Paralegal
- Industrial Psychologist
- International Student Advisor
- Job Analyst & Developer
- Labor Relations Specialist
- Law Clerk
- Lawyer
- Market Research Analyst
- Marketing/Sales Manager
- Mental Health Professional
- Minority & Race Relations Specialist
- Motivational Speaker
- Music Therapist
- Neuropsychologist
- Occupational Therapist
- Outplacement Specialist
- Paralegal

- Police Officer
- Probation Officer
- Psychiatric Nurse
- Psychiatric Social Worker
- Psychiatrist
- Psychologist
- Public Health Statistician
- Public Opinion Surveyor
- Public Relations Specialist
- Recreation Specialist
- School Counselor
- School Psychologist
- Social Service Administrator
- Student Affairs Professional
- Teacher/Educator/Coach
- Technical Writer/Communicator
- Television/Media Researcher
- Therapeutic Staff Support Person
- Vocational Rehabilitation Counselor
- Youth Corrections Officer

Common Internship Sites and Employers

Psychology majors often find internships and employment in the following fields/industries.

- Business & Industry
- Communications Media
- Community Agencies
- Correctional Facilities
- Educational Institutions
- Mental Health Agencies
- Non-Profit Organizations
- Private Practice
- Rehabilitation Agencies & Hospitals
- Research Foundations
- State/Federal Government Agencies

Handshake

Handshake is the primary online resource for preparing and connecting students and alumni with employers.
www.kutztown.edu/handshake

Useful Websites for Psychology Majors

Whether you are researching related career fields, applying for internships or jobs, or planning to join a professional association, these websites are for you!

Industry/Employment Information

All Psychology Schools
www.allpsychologyschools.com

Careers in Federal Government
www.usajobs.gov

Explore Health Careers
<http://explorehealthcareers.org>

Psychology Jobs
www.psychologyjobs.com

Online Psychology Career Center
www.socialpsychology.org

Opportunity Knocks
www.opportunitynocs.org

PsychWeb
www.psywww.com

Psychology—Online Resource Center
<http://psychcentral.com>

Public Service Jobs Directory
www.psjd.org

Social Service Jobs
www.socialservice.com

Graduate Schools
<https://www.psychology.org/resources/graduate-application-guide>

Professional Associations

Academy of Medical Psychology
www.academyofmedicalpsychology.com

American Association for Marriage & Family Therapy
www.aamft.org

American Board of Sport Psychology
www.americanboardofsportpsychology.org

American Counseling Association
www.counseling.org

American Psychological Association
www.apa.org

Association for Psychological Science
www.psychologicalscience.org

Association of Black Psychologists
www.abpsi.org

Association of Women in Psychology
www.awpsych.org

National Association of School Psychologists
www.nasponline.org

Society for Industrial & Org. Psychology
www.siop.org

Society for Human Resource Management
www.shrm.org

Related Area Employers

Abraxas Youth & Family Services
Berks County Children & Youth Services
CCRES - Educational and Behavioral Health Services

Central Behavioral Health
Children's Crisis Treatment Center
Community Services Group (CSG)
Creative Health Services

Lehigh County
Lehigh Country Paralegal Association
Lehigh Valley Health Network
KidsPeace
MCC Warwick Family Services
Northern Tier Counseling
Pennsylvania Department of Human Services
Safe Berks
The National Alliance of Paralegal Assoc.
Threshold Rehabilitation Services, Inc.
T.W. Ponessa & Associates Counseling Services
Valley Youth House

Paralegal Track

Cambria & Kline PC
Clark Associates, Inc.
Hershey Entertainment & Resorts
Fox Rothschild LLP

Building Your Resume for a Career in Psychology

Building a strong resume for your career field starts long before you ever start your job search. Employers want to hire graduates who not only have the necessary educational background but also have experience applying that knowledge.

Selina Psychology

spsyc000@live.kutztown.edu, www.linkedin.com/in/selina, 555-555-5555

PROFILE

Interested in working as a Psychiatric Social Worker at a mental health clinic.

QUALIFICATIONS

- Fluency in Spanish and English
- Experience with diverse populations
- Exceptional communication and interpersonal skills
- Strong problem solving and analytical skills
- Dedicated to continued education and self-care
- Proficient in SPSS, Microsoft Office and Linux

EDUCATION

B.S. Kutztown University of Pennsylvania Kutztown, PA
Major: Psychology, Minor: Criminal Justice Dec 20xx
GPA: 3.88
Dean's List Fall 20xx, Spring 20xx, Spring 20xx
Study Abroad: Kutztown/American College of Thessaloniki Summer 20xx

INTERNSHIP EXPERIENCE

The Mitchell Clinic Emmaus, PA
Outpatient Program Intern Summer 20xx

- Observed therapists during individual sessions and group therapy
- Assisted with intake completion of adult clients with dual diagnoses
- Reviewed, updated and organized office resources regarding addictions treatment
- Aided in translation for Spanish-speaking clients

Community Service Foundation Bethlehem, PA
Day Treatment Intern Jan 20xx-May 20xx

- Confronted student issues using empathy and positive regard
- Coordinated with community-based agencies to provide targeted student supports and services
- Mediated student conflicts and utilized restorative practices
- Consulted with supervisor to discuss best practices, student progress, and individual concerns

Extern Sept 20xx

- Shadowed day treatment team and observed application of restorative practices

RESEARCH EXPERIENCE

The Influence of Socioeconomic Status on Adolescent Self Esteem Spring 20xx
Kutztown University, Dr. Psychology Aug 20xx-Aug 20xx

- Collected and analyzed data
- Assisted in article organization
- Co-presented findings at Pennsylvania Psychological Association Annual Conference, Pittsburgh, PA, May 20xx

WORK EXPERIENCE

Sunshine Youth Summer Camp Allentown, PA
Camp Counselor Summers 20xx & 20xx

- Implemented developmentally appropriate activities for campers ages 4-13
- Communicated with parents and caregivers regarding child progress and behavior
- Encouraged camper expression through art projects, physical activities and musical performances
- Supervised educational field trips to zoo and local museums

PROFESSIONAL DEVELOPMENT & CAMPUS INVOLVEMENT

American Psychological Association Fall 20xx-Present
Pennsylvania Counseling Association Spring 20xx-Present
Psi Chi, National Honors Society in Psychology Spring 20xx-Present
Kutztown University Psychology Club Fall 20xx-Present
Career Success Certificate, Kutztown University Career Development Center Spring 20xx
Career Exploration Certificate, Kutztown University Career Development Center Fall 20xx

Learn more about your field and develop the necessary skills for employment by gaining hands-on experience through internships.

Utilize summer breaks to acquire valuable experience via volunteer or employment opportunities related to your major.

Develop professionally through campus involvement and professional memberships. This illustrates responsibility, leadership abilities and time management skills.