



Referral Brochure
Counseling & Psychological Services
Suite 122 Beck Hall 610-683-4072
cps@kutztown.edu

Resources included in this brochure are located primarily in Berks, Lehigh & Northampton Counties
Please note: This listing is not exhaustive. The listing of a counselor/agency in this document does not represent an endorsement by Kutztown University Counseling & Psychological Services.

For additional referral information, you may also contact your insurance company for a list of covered providers.

**** Indicates Medical Assistance (Medicaid) is accepted.**

Crisis Intervention

All crisis services are available 24/7/365

Holcomb Crisis Intervention

Berks County, 610-379-2007 or 888-219-3910

Lehigh County Crisis Intervention

Lehigh County, 610-782-3127

National Suicide Prevention Lifeline

Call 988

Crisis Text Line

Text HOME to 741-741, www.crisistextline.org

Trevor Project Crisis Line (LGBTQ)

866-488-7386 or Text START to 678-678

Steve Fund Crisis Text Line (People of Color)

Text STEVE to 741741

Sexual Assault and Domestic Violence

Safe Berks Crisis Hotline

24hr/day, 610-372-9540, Spanish hotline 610-372-7463
or text SAFE BERKS to 20121

Safe Berks Legal Counsel

484-651-9745 or 610-373-1206

Crime Victims Council

Allentown, 610-437-6611, Spanish hotline 610-437-6610

Bethlehem, 610-849-2446

Turning Point of Lehigh Valley

Allentown, 610-437-3369

National Domestic Violence Hotline

800-799-7233 or text START to 88788

General Counseling Groups/Agencies

****Berks Counseling Center**

645 Penn St, Reading, 610-373-4281

****Berkshire Psychiatric**

1800 N. 12th St., Reading, 610-816-5728

716 N. Park Rd., Wyomissing, 610-375-0544

****Callowhill Family Therapy (sliding scale offered)**

244 N 5th St., Reading, 610-372-8822

****Center for Integrated Behavioral Health****

1 E. Broad St., #510, Bethlehem, 610-865-4300

Center for Psychological Health and Wellness

122 W. Lancaster Avenue #206 (Second floor)

Shillington, 484-509-0499

****CONCERN (sliding scale offered)**

22 N. Franklin St., Fleetwood, 610-541-2309

DGR Behavioral Health, LLC

2201 Ridgewood Road, #400 Wyomissing,

610-378-9601

Ethos Clinic

3835 Chestnut St., Emmaus, 484-232-5288

428 S. 7th St., Lehighton, 610-900-4234

****Family Guidance Center (sliding scale offered)**

Call 610-374-4963 for the following locations:

Friend, Inc. 658D Noble Street, Kutztown

1235 Penn Ave., Wyomissing

5th & Montgomery Ave, Boyertown

3570 Old US 22, Hamburg

Hispanic American Organization

462 West Walnut St, Allentown, 610-351-2292 ext.2011

****Lehigh Valley Adult & Pediatric Psychiatry**

1259 S Cedar Crest Blvd. #320, Allentown, 610-402-5900

2710 Schoenersville Rd., Bethlehem, 610-297-7500

502 S. 2nd St., Saint Clair, 570-622-5898

Lehigh Valley Counselors

2045 Westgate Dr. #206, Bethlehem, 610-596-4222

****Pennsylvania Counseling Services**

1733 Penn Ave., Reading, 610-670-7270

125 S. 5th St., Reading, 610-685-2188



****Pinebrook Family Answers**

402 N Fulton St., Allentown, 610-432-3919
1101 Northampton St. #201, Easton, 610-559-8151
16 S. Broadway # 2, Wind Gap, 610-863-8151

****Preventive Measures**

515 W. Linden Street, Allentown, 484-225-4323

Springfield Psychological

560 Van Reed Road, #301, Wyomissing, 610-544-2110

****St. Luke's Penn Foundation**

217 N. Bethlehem Pike #201, Colmar, 267-452-1900
500 Creekside Dr. #501, Pottstown, 610-819-6000

****St. Luke's Psychiatric Associates**

257 Brodhead Rd., Bethlehem, 484-822-5703
2895 Hamilton Blvd. #104, Allentown, 484-822-5440

****Reading Hospital Outpatient Behavioral Health Services**

101 Wellness Way, Reading, 484-628-8070

****Tower Health Medical Group Psychiatry**

420 S. 5th Ave., West Reading, 1-833-348-6937

West End Counseling and Wellness

5000 Tilghman St. # 370, Allentown, 610-569-0252

General Counseling Individual Practices

Darren Aboyou, PhD

Easton, 610-250-9009

Edward J. Lundeen, PhD

Allentown, 610-820-8499

Laurie Harford, PsyD

Allentown, 610-820-4006

Madeleine Langman, PhD

Allentown, 610-915-8755

Alcohol and Other Drug Counseling

24-hour Help Line for Substance Abuse

800-626-2463

AA Meetings

AA.org

****ADAPPT Outpatient Treatment Services**

501 Penn Ave., Reading, 610-478-8591

AL Anon Meetings

www.al-anon.org

Alcohol Hotline

800-331-2900

Alcohol & Drug Helpline

800-821-6465

****Berks Counseling AOD/Dual Diagnosis**

645 Penn St, Reading, 610-373-4281

Hispanic American Organization

462 West Walnut St, Allentown, 610-435-5534

****Livengrin Treatment Center**

31 S. Commerce Way, #300, Bethlehem, 215-638-5200

Malvern Institute

Malvern, 610-647-0330

Mid-Atlantic Rehabilitation Services (M.A.R.S)

(sliding scale offered)

826 Delaware Ave, Bethlehem, 610-419-3101

Mind Matters Coaching, Counseling, & Psychological Associates

Reading, Allentown, Orwigsburg, 844-696-4631

Muhlenberg Behavioral Health

2545 Schoenersville Rd, Bethlehem, 484-884-2425

Naaman Center

645 N. 6th St., Reading, 717-367-9115

New Directions Treatment Service Inc.

2442 Broadhead Rd., Bethlehem, 610-758-8011

832 N. Park Rd., 1 Park Plaza, Wyomissing, 610-750-6130

Peace and Harmony House Outpatient Counseling

1150 Berkshire Blvd., #245, Wyomissing, 610-750-6015

Penn Foundation

807 Lawn Ave., Sellersville, 215-257-6551

Pennsylvania Counseling Services – Reading

1733 Penn Ave., Reading, 717-237-1710

Pyramid Healthcare Centers

1605 N. Cedar Crest Blvd., #602 Allentown

610-434-1126

2906 William Penn Highway, #403, Gat 2, Easton

484-837-1010

Pyramid Methadone Maintenance Treatment Center

104 Davies Dr., York, 717-840-2300

Tower Health Medical Group Addiction Medical

101 Wellness Way, #210, Reading, 484-628-5858

Step-By-Step, Inc.

375 Linden Street (Lower Level) Allentown, 610-776-

1224, Intake Line 610-876-0688

Transitions by Caresense, LLC

2201 Dengler St., Reading, 484-388-2400



Treatment Access & Services Center

19 N 6th St, Reading, 610-375-4426

Treatment Trends, Inc.

1130 Walnut St. Allentown, 610-433-0148

Wellsprings Solutions

4 Wellington Blvd., # 202, Wyomissing, 610-985-0711

White Deer Run Treatment Network

1620 Riverside Dr., Bethlehem, 844-556-5490

Alcohol and Other Drug Assessment

****Berks County: TASC**

610-375-4426

Carbon, Monroe, Pike Counties Drug & Alcohol Commissions, INC.

Carbon County office, 610-377-5177

Monroe County, 570-517-7152 or 888-694-9996

Pike County, 570-296-1054

Psychiatric Services

Berkshire Psychiatric

1800 North 12th Street, Reading, 610-816-5728

LVPG Consultation Liaison, Psychiatry

1251 S. Cedar Crest Blvd., Allentown, 610-402-5766

LVPG Adult & Pediatric Psychiatry

1259 S. Cedar Crest Blvd., Suite 230, Allentown,

610-402-5900

****LVHN Mental Health Clinic**

*Only accepts clients within LVHN

17th St. Lehigh Valley Health Network, 610-969-2388

Reading Psychiatry

640 Walnut St., Reading, 610-208-8850

Family Practitioners

(May prescribe psychiatric medication)

Health Center at Trexlertown

6900 Hamilton Blvd, Trexlertown, 610-402-0101

Kutztown Family Medicine

15050 Kutztown Road, Kutztown, 610-683-7393

LVPG Family Medicine Kutztown

333 Normal Ave, Kutztown, 610-683-8363

Eating Disorders Counseling

The Renfrew Center - Residential Treatment

475 Spring Lane, Philadelphia, 1-800-736-3739

****The Renfrew Center - Outpatient Treatment**

1528 Walnut Street, Suite 805, Philadelphia,

1-800-736-3739

Nutrition Counseling

Nourish Center Therapy & Wellness |

Joanna Fitzgerald

4060 Skippack Pike, Skippack, 484-946-5769

New Life Dietitian LLC | Megan Tappan

87 Medinah Dr., Reading, 720-513-4576

OAA Orthopedic Specialists | Kathleen Jones

250 Cetronia Rd., Suite A, Allentown, 610-973-6200

Psychological Evaluation

Allentown Office of Vocational Rehabilitation

May offer no-cost services

45 N. 4th Street, Allentown, 610-821-6441

Barbara Cohen, Psy.D.

211 S. Route 100, Allentown, 610-530-0100

DGR Behavioral Health, LLC

2201 Ridgewood Road, #400 Wyomissing,

610-378-9601

Mind Matters Coaching, Counseling, &

Psychological Associates

Reading, Allentown, Orwigsburg, 844-696-4631

Support/Education Groups

NAMI Lehigh Valley

802 W. Broad St, Bethlehem, 610-882-2102

Free for family members & friends of individuals with mental health and addictive disorders.

Greater Reading Mental Health Alliance

1234 Penn Ave., Reading, 610-775-3000

St Luke's Health Network

484-526-2400 intake department

<https://www.slhn.org/wellnow/emotional-health/psychotherapy-groups>



Partial Hospitalization Programs

Haven Behavioral Health (may transport)
145 North 6th St., 3rd Floor, Reading, 610-406-4346
*may offer transportation

Lehigh Valley Hospital-Muhlenberg
2545 Schoenersville Rd, Bethlehem, 484-884-5690

Lehigh Valley Hospital-Cedar Crest
1259 S. Cedar Crest Blvd, Suite 205, 610-402-5950

St Luke's Health Network
1107 Eaton Ave, Bethlehem, 610-954-3838
*may offer transportation

Tower Behavioral Health
201 Wellness Way, Reading, 484-339-6037

PA County Resources *(Can Assist Uninsured Students)*

Berks County
<http://berks.pa.networkofcare.org/>
Click on 'Services'

Lehigh County
<https://www.lehighcounty.org/>
Click on 'Departments' then 'Human Services' then
'Mental Health'

Montgomery County
<http://montcopa.org/>
Click on 'Community Connections' then 'Human
Services'

Bucks County
[http://www.buckscounty.org/government/humanser
vices/MHDP](http://www.buckscounty.org/government/humanservices/MHDP)
Click on 'Government' then 'Human Services'

Northampton County
<http://www.northamptoncounty.org>
Click on 'County Government' then 'Human Services'
then select appropriate item from drop-down menu

Philadelphia County
<https://dbhids.org/about/contact/>

Websites For Additional Resources

Grief Resource www.healgrief.org

National Alliance on Mental Illness www.NAMI.org

NAMI at Kutztown
[https://engage.kutztown.edu/organization/nami-on-
campus-kutztown](https://engage.kutztown.edu/organization/nami-on-campus-kutztown)

Healthy Minds Philly
<https://healthymindsphilly.org/resources/>

**Substance Abuse and Mental Health Services
Administration (Treatment Locator)** www.samhsa.gov

KU Food Pantry - KU Food Pantry

KU CPS Website: [http://www.kutztown.edu/about-
ku/administrative-offices/counseling-and-
psychological-services.htm](http://www.kutztown.edu/about-ku/administrative-offices/counseling-and-psychological-services.htm)
(for additional links on the CPS website)

Psychology Today (Therapist Locator)
<https://www.psychologytoday.com/us>