



Referral Brochure
Counseling & Psychological Services
Suite 122 Beck Hall 610-683-4072
cps@kutztown.edu

Resources included in this brochure are located primarily in Berks, Lehigh & Northampton Counties
Please note: This listing is not exhaustive. The listing of a counselor/agency in this document does not represent an endorsement by Kutztown University Counseling & Psychological Services.

For additional referral information, you may also contact your insurance company for a list of covered providers.

Transportation Resources

Kutztown Area Transport Service:
610-683-3012 Provides transportation to mental-health and medical related appointments for students. Charges apply and through the student's MyKU account.

Crisis Intervention

All crisis services are available 24/7/365

Service Access and Management (SAM)*

Berks County, 610-236-0530

Lehigh County Crisis Intervention*

Lehigh County, 610-782-3127

National Suicide Prevention Lifeline

800-273-TALK

Crisis Text Line

Text HOME to 741-741, www.crisistextline.org

Trevor Project Crisis Line (LGBTQ)

866-488-7386 or Text START to 678-678

Steve Fund Crisis Text Line (People of Color)

Text STEVE to 741741

* Also provides intake/referral for general counseling

Sexual Assault and Domestic Violence

Safe Berks Crisis Hotline

24hr/day, 610-372-9540

Safe Berks Legal Counsel

484 651-9745 or 610 373-1206

Crime Victims Council

Allentown, 610-437-6611

Turning Point of Lehigh Valley

Allentown, 610-437-3369

General Counseling Groups/Agencies

***Berkshire Psychiatric**

1800 North 12th Street, Reading, 610-816-5728

***Bet-el** (sliding scale offered)

307 E 4th Street, Bethlehem, PA, 610-849-2291

512 Hamilton St, Ste 300, Allentown, 610-351-9263

Offers services in English, Spanish, and German

Bodhi Counseling Group

122 W. Lancaster Ave., #205, Shillington, 484-588-4131

***Callowhill Family Therapy** (sliding scale offered)

244 N 5th St., Reading, 610-372-8822

Center for Integrated Behavioral Health**

1 E. Broad St., #510, Bethlehem, 610-865-4300

Center for Integrative Psychotherapy

1251 S Cedar Crest Blvd, Allentown,

610-432-5066

Center for Psychological Health and Wellness

122 W. Lancaster Avenue #206 Shillington,

484 509-0499

***Concern** (sliding scale offered)

1 West Main St., Fleetwood, 610-944-0445

443 W Main St, Kutztown, 610-944-0445 ext. 410

***DGR Behavioral Health, LLC**

2201 Ridgewood Road, Wyomissing, 610-378-9601

***Ethos Clinic**

1. 3835 Chestnut St., Emmaus, 484-232-5288

2. 4379 Easton Ave., #101 Bethlehem, 610-625-1486

***Family Guidance Center** (sliding scale offered)

Friend, Inc. 658D Noble Street, Kutztown, 610-374-4963

1235 Penn Ave., # 206, Reading, 610-374-4963

Good Shepard Rehabilitation Neuropsychological Services

850 South 5th Street, Allentown, 1-888-447-3422

Irie Counseling

517 Reading Avenue, West Reading, 484 938-8682

Lehigh Psychological Services

5920 Hamilton Blvd., # 103, Allentown, 610-395-5188

Lehigh Valley Adult Pediatric Psychiatry

1. 1259 S Cedar Crest Blvd., Allentown, 610-402-5900

2. 2710 Schoenersville Rd., Bethlehem, 610-297-7500

Lehigh Valley Counselors

2045 Westgate Dr., Bethlehem, 610-596-4222



***Orchard Behavioral Health**

801 E. Green St., Allentown, 610-799-8910

***Pennsylvania Counseling Services**

938 Penn St., Reading, 610-478-8088

***Pinebrook Family Answers**

402 N Fulton St., Allentown, 610-432-3919

1101 Northampton St., Easton, 610-559-8151

502 East 4th St., Bethlehem, 610-814-7154

***Preventive Measures**

515 Linden Street, Allentown, 484-225-4323

Springfield Psychological

2909 Windmill Rd., Sinking Spring, 610-544-2110

***St. Luke's Behavioral Health**

801 Ostrum St., Bethlehem, 484-526-4000

Reading Hospital Outpatient Services*

101 Wellness Way, Reading, 484-628-8070

West End Counseling and Wellness

Lower Level 1011 Brookside Rd., #122, Allentown,

484-282-1081

* Also provides Psychiatric Services

** DBT program offered

General Counseling Individual Practices

Darren Aboyou, PhD

Easton, 484-373-9325

Edward J. Lundeen, PhD

Allentown, 610-820-8499

Laurie Harford, PsyD

Allentown, 610-820-4006

Madeleine Langman, PhD

Allentown, 610-915-8755

Alcohol and Other Drug Counseling

24-hour Addiction Helpline

610-988-HOPE

AA Meetings

AA.org

AL Anon Meetings

www.al-anon.org

Berks Counseling AOD/Dual Diagnosis

645 Penn St, Reading, 610-373-4281

Caron Counseling Services

845 N. Park Road, Wyomissing, 610-743-6571

Hispanic American Organization

462 West Walnut St, Allentown, 610-435-5534

Livengrin

Allentown, 610-264-5521

Malvern Institute

Malvern, 610-647-0330

Mid Atlantic Rehabilitation Services (M.A.R.S)

826 Delaware Ave, Bethlehem, 610-419-3101

Mirmont Treatment Center

Media, 610-744-1400

Muhlenberg Behavioral Health

2545 Schoenersville Rd, Bethlehem, 484-884-5783

New Directions Treatment Service Inc.

2456 Broadhead Rd., Bethlehem, 484-821-2922

Penn Foundation

Sellersville, 215-257-6551

Pyramid

1605 N. Cedar Crest Blvd., Suite 602 Allentown, 610-434-1126

Pyramid

18 South George St., Suite 402 York, 717-840-2306

Pyramid Healthcare

Quakertown, 215-536-9070

Reading Hospital Substance Abuse Services

101 Wellness Way, Reading, 484-628-8070

Step-By-Step, Inc.

375 Linden Street (Basement) Allentown, 610-776-1224

Treatment Access & Services Center

19 N 6th St, Reading, 610-375-4426

Treatment Trends, Inc.

1130 Walnut St. Allentown, 610-433-0148

White Deer Run

1259 S Cedar Crest Blvd. Ste 308, Allentown, 610-595-9066

Alcohol and Other Drug Assessment

Berks County: TASC

610-375-4426

Carbon/Monroe/Pike Counties

610-377-0773

Kids Peace Berks

Temple, 610-929-4670

White Deer Run Blue Mountain

Kempton, 877-756-4023



Psychiatric Services

Allentown Associates

401 N. 17th St, Suite 304, Allentown, 610-820-3900

Berkshire Psychiatric

1800 North 12 Street, Reading, 610-816-5728

LVPG Consultation Liaison, Psychiatry

1251 S. Cedar Crest Blvd., Allentown, 610-402-5766

LVPG Adult & Pediatric Psychiatry

1259 S. Cedar Crest Blvd., Suite 230, Allentown,
610-402-5900

Mental Health Clinic

17th St. Lehigh Valley Health Network, 610-969-2388

Reading Psychiatry

640 Walnut St., Reading, 610-208-8850

Family Practitioners

(May prescribe psychiatric medication)

Health Center at Trexlertown

6900 Hamilton Blvd, Trexlertown, 610-402-0101

*may offer counseling

Kutztown Family Medicine

15050 Kutztown Road, Kutztown, 610-683-7393

LVPG Family Medicine Kutztown

333 Normal Ave, Kutztown, 610-683-8363

Eating Disorders Counseling

The Renfrew Center- Residential Treatment

475 Spring Lane, Philadelphia, 1-800-736-3739

The Renfrew Center- Outpatient Treatment

1528 Walnut Street, Suite 805, Philadelphia,
1-800-736-3739

Nutrition Counseling

Western Berks Physical Therapy & Wellness Center

Wyomissing, PA 610-750-9307

Laureldale, PA 610-301-0319

Psychological Evaluation

Allentown Office of Vocational Rehabilitation

May offer no-cost services

45 N. 4th Street, Allentown, 610-821-6441

Barbara Cohen, Psy.D.

211 S. Route 100, Allentown, 610-530-0100

Charlotte Klucher, Licensed Psychologist

825 N. Cedar Crest Blvd., Allentown, 610-437-0182

Harold Klinedinst

2150 Washington St, Allentown, 610-437-4666

Herbert Machowsky, Ed.D.

1901 Hay Terrace, Easton, 610-250-8985

Psychology Associates of Bethlehem

264 East Broad St, Bethlehem, 610-866-9311

Valley Neuropsychology Group

1045 S. Cedar Crest Blvd., Allentown, 610-433-3360

Support/Education Groups

NAMI Lehigh Valley

802 W. Broad St, Bethlehem, 610-882-2102

Free for family members & friends of individuals with mental health and addictive disorders.

Greater Reading Mental Health Alliance

1234 Penn Ave., Reading, 610-775-3000

St Luke's Health Network

484-526-2400 intake department

<https://www.slhn.org/wellnow/emotional-health/psychotherapy-groups>

Partial Hospitalization Programs

Haven Behavioral Health (may transport)

145 North 6th St., 3rd Floor, Reading, 610-406-4346

*may offer transportation

Lehigh Valley Hospital-Muhlenberg

2545 Schoenersville Rd, Bethlehem, 484-884-5690

Lehigh Valley Hospital-Cedar Crest

1259 S. Cedar Crest Blvd, Suite 205, 610-402-5950

St Luke's Health Network

1107 Eaton Ave, Bethlehem, 610-954-3838

*may offer transportation

Tower Behavioral Health

201 Wellness Wy, Reading, 484-339-6037



PA County Resources
(Can Assist Uninsured Students)

Lehigh County

<https://www.lehighcounty.org/>

click on 'Departments' then 'Human Services' then 'Mental Health'

Berks County

<http://berks.pa.networkofcare.org/>

Click on 'Services'

Montgomery County

<http://montcopa.org/>

Click 'Community Connections' then 'Human Services'

Bucks County

<http://www.buckscounty.org/government/humanservices/MHDP>

Click 'Government' then 'Human Services'

Northampton County

<http://www.northamptoncounty.org>

Click 'County Government' then 'Human Services' then select appropriate item from drop-down menu

Philadelphia County

<https://dbhids.org/about/contact/>

Websites For Additional Resources

Grief Resource www.healgrief.org

National Alliance on Mental Illness www.NAMI.org

NAMI at Kutztown

<https://engage.kutztown.edu/organization/nami-on-campus-kutztown>

Healthy Minds Philly

<https://healthymindsphilly.org/resources/>

Substance Abuse and Mental Health Services

Administration (Treatment Locator) www.samhsa.gov

KU Food Pantry - <https://www.kutztown.edu/about-ku/administrative-offices/student-involvement/food-pantry.html#:~:text=KU%20Student%20Food%20Pantry&text=located%20at%20the%20Lutheran%20Center,dr y%20foods%2C%20and%20canned%20foods>.

<http://www.kutztown.edu/about-ku/administrative-offices/counseling-and-psychological-services.htm>

(for additional links on the CPS website)

Psychology Today (Therapist Locator)

<https://www.psychologytoday.com/us>